

Except For Mondays

Count: 32 **Wall:** 4 **Level:** Improver

Choreographer: Judith Campbell "Hooked On Country" NZ (Oct 2005)

Music: "Except For Mondays" by Lorrie Morgan

Intro: 32 counts

[1 – 8] SIDE – TOGETHER – FWD – HOLD – SIDE – TOGETHER – 1/4 TURN – FWD – HOLD

1 2 3 4 Step R to R side, close L together, step fwd on R, HOLD (12:00)

5 6 7 8 Step L to L side, close R next to L, turning 1/4 to L – step fwd on L, HOLD (9:00)

[9 – 16] SIDE ROCK – RECOVER – CLOSE – HOLD – HEEL HOOK – HEEL HOOK

1 2 3 4 Rock/step R to R, recover onto L, step R next to L, HOLD

5 6 Heel dig fwd on L ft, hook L ft in towards R shin,

7 8 Heel dig fwd on L ft, hook L ft in towards R shin

[17 – 24] COASTER – TWO HALF PIVOT TURNS TO L

1 2 3 4 Step L ft back, step R ft back to L ft, step fwd on L ft, HOLD (slow coaster)

5 6 Step fwd on R ft, turning 1/2 to L (weight on L ft),

7 8 Step fwd on R ft, turning 1/2 to L (weight on L ft), (9:00)

[25 – 32] FOUR TOE HEEL STRUTS FWD

1 2 3 4 Step fwd on R toe, drop R heel down, step fwd on L toe, drop L heel down,

5 6 7 8 Step fwd on R toe, drop R heel down, step fwd on L toe, drop L heel down, (9:00)
