

# Lifetime Dreams

**Count:** 32    **Wall:** 2    **Level:** Easy Intermediate

**Choreographer:** Jan Wyllie, Hervey Bay, Qld., Australia – Jan 2015

**Music:** Once In A Lifetime by Heartbeat. Album: Once In A Lifetime – 128 bpm

---

## #16 count intro, No Tags Or Restarts

Thank you to Henrico from The Netherlands for this song - an Aussie song too

### Shuffle Fwd Stomp Fwd Hold Rock Fwd Recover Toe Strut Back

1,2,3,4        Shuffle fwd RLR, Stomp fwd on L, Hold  
5,6,7,8        Rock/step fwd on R, Recover back on L, Step back on R toe, Drop R foot

### Shuffle Back 1/4 Rocks Side Slide Side Slide

9&10         Shuffle back LRL  
11,12         Making 1/4 right rock/step R to right, Rock/step L to left  
13,14         Big step to right, Slide L to touch beside R  
15,16         Big step to left, Slide R to touch beside L

### Shuffle Fwd Step Pivot 1/2 Shuffle Fwd Step Pivot 1/4

17&18         Shuffle fwd RLR  
19,20         Step fwd on L, Pivot 1/2 right transferring wt to R  
21&22         Shuffle fwd LRL  
23,24         Step fwd on R, Pivot 1/4 left transferring wt to L

### Rock Fwd Recover Step Back Hold Step Back Tap Walk Fwd

25,26,27,28    Rock/step fwd on R, Recover back on L, Step back on R, Hold  
29,30         Step back on L, Tap R beside L  
31,32         Walk fwd RL

Hope you enjoy this easy little dance.

Heartbeat are Aussies who sing at various clubs around our country....

So you might find them in a club near you very soon.

See you on the floor sometime.... Jan

Contact - Email: [janwyllie@iinet.net.au](mailto:janwyllie@iinet.net.au) - Web Site:

<http://www.members.iinet.net.au/~janwyllie/>

Music questions: [www.heartbeatduo.com.au](http://www.heartbeatduo.com.au)